

Mainstreaming Nutrition: The Case of Zinc

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Infant & Child Nutrition Interventions with Sufficient Evidence for Implementation

- Promotion of breast feeding
- BCC for improved CF
- Zinc supplementation
- Zinc in treatment for diarrhea



Bhutta ZA, et al. 2008

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- Zinc supplementation
- Zinc in treatment for diarrhea
- Vit A fortification/suppl
- Salt iodization
- Hygiene interventions
- Treatment of severe acute malnutrition

The Need for Mainstreaming Nutrition

- As individual interventions, they almost always have problems of sustainability
- Vita A, nutrition education, zinc, iodization, treatment of SAM, immunization, etc need to be mainstreamed into existing public health programs

