

Tuesday 11 February 2020 Access to Nutritious Food

FAO - CEMAS Booth at the World Urban Forum (Exhibition stand H7-69 CEMAS)

16:30-17:30 UNSCN DISCUSSION ON SHAPING THE URBAN FOOD ENVIRONMENT FOR HEALTHY AND SUSTAINABLE DIETS



The world faces enormous challenges in nourishing its growing population while assuring the health and sustainability of the planet. The food environment within which people make their food choices is shaped by a combination of external and personal domains influencing their attitudes and habits. Today, 55% of the world's population live in urban areas, a proportion that is expected to increase to 68% by 2050. People in urban food environments are even more exposed to ultra-processed foods than those in the rural settings. These foods are more readily available and food deserts are still a reality in cities. These needs to urgently change by creating healthy urban food environments that secure healthy and sustainable diets for all while promoting environmental protection and planetary health. The proposed discussion will explore these issues and share concrete examples of actions that can be taken to a positive transformation of urban food environments.

The event is moderated by FAO with a keynote presentation by UNSCN and reactions from WHO and FAO.

UNITED NATIONS DECADE OF
ACTION ON NUTRITION
2016-2025



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**13:00-14:00 UNSCN WORKSHOP:
NUTRITION IN URBAN RURAL LINKAGES**



Trends indicate that the world is not heading in the direct direction in order to eradicate all forms of malnutrition by 2030. This alarming situation takes place in a context of nutrition transition, a rapid change in diets and lifestyles, partly due to urbanization processes. Underlying factors that address nutrition change according to context, including across the rural-urban continuum. Rural-urban links are therefore an interesting opportunity to look at nutrition. The workshop will present the main findings of the **UNSCN Discussion Paper Urban-Rural Linkages for Nutrition: Territorial approaches for sustainable development**.

Starting from the UN Habitat Guiding principles, this paper looks at urban-rural linkages from a nutrition point of view and discusses the opportunities that exist to improve nutrition in the context of urban rural linkages, but also to inform planners on how nutrition could be of help to smoothen local development along the urban- rural continuum.

The event is moderated by **Grace Githiri** (UN-Habitat) and includes speakers from UNSCN and ICLEI.

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